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1.1 The Seasonal Climate of Eastern Africa

*The Climate of Eastern Africa:*

Eastern Africa has one of the most complex climates in Africa. Large-scale tropical climate drivers, inclusive of the Inter-Tropical Convergence Zone (ITCZ), are superimposed on region’s complex topography, large lakes, and the extensive coastline.

Across much of Eastern Africa (including northern Madagascar), the annual cycle of rainfall tends to be bi-modal, with rainy seasons in Oct-Dec (the short rains) and Mar-May (the long rains). As a result, the climatic patterns are markedly complex and can change rapidly over short distances (as seen in the figure below).

![Seasonality of Rainfall in Eastern Africa](https://example.com/seasonality.png)

- The average amount of rainfall often changes significantly within distances on the order of tens of kilometers
- Within the region there are areas with one, two and even three seasonal cycles of rainfall
- The transition from desert, with rainfall less than 200mm, to rainforest where the annual rainfall is >2000mm, happens within short horizontal distances or changes in elevation.

1.2 Why rainfall seasonality is important for health and well being?

Seasonality affects every aspect of life in both rural and urban areas - from food security, infectious disease, access to health facilities, disposable income, births, deaths, marriages etc.
According to Robert Chambers “seasonal hunger is the father of famine” and “any development professional serious about poverty has . . . to be serious about seasonality.”

Seasonal hunger may be the primary indicator of population vulnerability to climate change.

### 1.3 Overview

**Why was it developed?:**
- The Seasonal Climate tool was developed to enable rapid assessment of the average climatology of a region

**What the Seasonal Climate tool can be used for:**
- Visualizing the seasonal pattern of rainfall and temperature at point, district, and/or regional scale
- Visualizing the impact of spatial scale in analysis of seasonal climate
- Visualizing the timing of the onset and offset of the rainy season
- Visualizing the level of variability in the seasonal climate
- Providing information in support of seasonal agriculture, livelihoods and disease planning calendars

**What can current Seasonal Climate Tool not be used for:**
- Predicting epidemics

### 1.4 Definition

Seasonal climatologies were created from ENACTS rainfall time series (1983-2014) and temperature time series (1981-2014) were reconstructed from station observations, remote sensing and other proxies. This interface allows users to view rainfall, maximum and minimum temperature climatologies by month for a point, district, and/or region with associated confidence intervals.

### 1.5 Interpretation

The graphs provides information on the seasonality of rainfall and year-to-year variability.

### 1.6 Access

The Seasonal Climate tool can be accessed from the Climate Analysis Maproom http://maproom.meteo.go.tz/maproom/Climatology/Climate_Analysis/monthly.html

### 1.7 Case Study 1 - Ethiopia

The Ethiopian climate is extremely variable and complex. Here the annual rainfall characteristics are classified into three distinct rainy seasons. These are: (1) the dry season (Oct–Jan: ONDJ), (2) the shorter, secondary rainy season (Feb–May: FMAM), and (3) the longer, primary rainy season (Jun–Sep: JJAS). The first two seasons correspond with the main East African seasons (OND and MAM) whereas the third season corresponds with the Sahelian rainy season (JAS). The seasons are locally defined as Bega, Belg and Kiremt, respectively.
Precise delineation of distinct regions and rainy seasons are difficult, as different countries’ climate vary significantly within a short distance owing to the most complex topography on the African continent. Because of this complexity, climatologies at the local (woreda) level may differ from those observed at larger spatial scales (e.g. zone or Province). High resolution ENACTS data can be used to ascertain the climate at multiple spatial scales. (Figure 1.3) http://www.ethiometmaprooms.gov.et:8082/maproom/Climatology/Climate_Analysis/monthly.html?T=Feb&YearStart=1983&YearEnd

By choosing the rainfall variable and the a grid point (woreda, zone or region), a new graph can be generated. (Figure 1.4)

The impact of spatial scale in determining the characteristics of the climatology can be readily observed by comparing results from zones (as seen below). In Ethiopia climatologies aggregated at large spatial scales may include areas with different climate characteristics.

1.7.1 Example: Seasonal Health Related Events (Figure 1.5)

1.7.2 Conclusion

Choosing the right spatial scale for analysis is important in ensuring that the climatologies correctly represent the area of interest.

1.7.3 Summary

In Ethiopia, the seasonality of rainfall is important to many livelihood decisions and varies across the country. In these areas, analysis of the seasonality of climate and specific health outcomes, such as acute watery diarrhoea (AWD), must be undertaken at appropriate scales to account for local complexity.
Fig. 1.3: Ethiopian Climate Analysis Maproom

Fig. 1.4: Monthly Rainfall Climatology of Three Woredas in the Oromia Province
Main Harvest Season | X  
Hungry season | X X 
Floods | X X X 
Peak AWD | X X 
Worms | X X X X X X X X X X 

Fig. 1.5: Seasonal Health Related Events in Ethiopia
1.7.4 Exercise 1 – Ethiopia

1. Looking at the seasonal rainfall averaged for all of Oromia, we can see that there are two clear peaks. Are these peaks clearly seen in the Oromia zone of West Wellega? Explain your answer.

2. Using the graphs generated for West Wellega – how long is the dry season?

3. In Alaba the hungry season is during the rains – why is this?

1.7.5 Exercise 1 – Ethiopia Answers

1. No – this is due to spatial averaging

2. 4 months

3. This is before the main harvest season when food stocks are low

1.7.6 Exercise 2 – Tanzania

Follow the instructions:

1. Generate and download Seasonal rainfall climate analysis graph for Province of Mbeya (See Figure 1.6)

![Observations for Mbeya](image)

Fig. 1.6: Generate and download Seasonal rainfall climate analysis graph for Province of Mbeya

2. Generate and download Seasonal rainfall climate analysis graph for District of Kyela, Mbeya (See Figure 1.7)

3. Complete table of seasonal health related events for Dar es Salaam (See Figure 1.8)

1.8 Quiz

Please answer the following questions:

Q1. Seasonal climatologies are created from data aggregated in space and time (T/F)

Q2. Seasonal health calendars can help with the timing of interventions (T/F)

Q3. Name a district in Madagascar with a bimodal season?

Q4. Why does East Africa have the most complex climate in Africa?
Observations for Kyela, Mbeya, Tanzania

Monthly Rainfall Climatology

Fig. 1.7: Seasonal rainfall climate analysis graph for District of Kyela, Mbeya

Fig. 1.8: Template for seasonal health related events for Dar es Salaam
Q5. Who can access the ENACTS climate Maproom at the Madagascar Meteorological Agency?
   1. MoH staff only, 2. everyone, 3. climate specialists

1.8.1 Quiz - Responses

A1. T
A2. T
A3. Open ended and using the Seasonality Tool
A4. Large-scale tropical climate drivers, inclusive of the Inter-Tropical Convergence Zone (ITCZ), are superimposed on region’s complex topography, large lakes, and the extensive coastline.
A5. All the above

1.9 Summary

Many health outcomes are affected by seasonality. Seasonal calendars based on climate data can help characterize the timing of health events and improve the timing of interventions. Using data at the appropriate spatial scale is important.

1.10 References